

October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Touchdown nuggets, mashed potatoes, Calif. vegetables, peaches	2 Grilled cheese sand, Tomato soup, crackers, green beans, pears	3
4	5 Chicken alfredo, peas, mandarin oranges, berry cup	6 Ham & cheese in bun, tater tots, corn, pineapple	7 Salisbury steak, mashed pot. with gravy, mixed veg., peaches	8 Hot dog in bun, chips, baby carrots, apple slices, animal crackers	9 Grilled PB & Jelly sand., mac & cheese, green beans, mixed fruit	10
11	12 BBQ rib in bun, pot. wedges, corn, pears, rice krispy bar	13 Pancakes, diced ham or saus. links, asst. juice, applesauce	14 Pepp. Pizza, lettuce salad, peaches	15 NO SCHOOL	16 NO SCHOOL	17
18	19 Hamb. In bun, French fries. Green beans, pineapple, cookie	20 Beefy nachos, corn chips, lettuce salad, peaches	21 Corn dog, veg. beef soup, crackers, carrots, pears	22 Turkey kabob, crispy baked pot., corn, strawberries, brownie	23 Scrambled, eggs, tater tots, toast, asst. juice, mixed fruit	24
25	26 Chili, PB sand, crackers, applesauce	27 Turkey wrap, corn, mixed fruit, Birthday treat	28 Cheese quesadilla, Spanish Rice, veg. cup pears	29 Spaghetti with meat sauce, garlic toast, cabbage salad, peaches	30 Chicken giggles, mashed pot, Calif. veg., fruity eyeballs	31